West Galway

Exploring 6,000 years of islands' unique history

6,000 YEARS of unique island history will be explored in the rugged surrounds of Inishbofin and Inishark off the coast of Galway as part of National Heritage Week. Over the course of a single day, participants will be taken on guided walks of the two islands by leading field scientists and ecologists, taking in breathtaking views of the Atlantic coast of Galway and Mayo. Starting on Inishbofin, the history, ecology and heritage of the 'island of the white cow' will be examined first from the famous star-shaped Cromwellian fort that overlooks the harbour to the rich birdlife that the island supports. The neighbouring island of Inishark, whose last inhabitants were evacuated by the government in 1960, will also be explored. The day begins at Inishbofin Community Centre at 9am on 25 August and will take until 8pm. All money raised at the event will be donated to mentalhealth Connemara. Contact services cpstourism@inishbofin.com or phone 095 41036

Archaeology Tour of Sites in Moycullen Environs Local Archaeologist Vincent Walsh will guide participants through various archaeology sites in the Moycullen Area. Venue: An Fuarán, Maigh Cuilinn Organiser: Moycullen Historical Society walterfmcdonagh@gmail.com; 0872573329. Sat 18th 11am-1pm. Meet at 11am at An Fuarán and Car Pool.

Storytelling For Children Storytelling time with a staff member of Connemara National Park. Venue: Connemara National Park, Letterfrack. Organiser: Park Connemara National siobhan.geoghegan@ahg.gov.ie; 095 41323 or 095 41054. Wed 22nd 2pm-3pm

Seisiún Ceoil, Amhránaíocht agus Damhsa. Seisiún ceol, amhránaíocht agus damhsa ag ceiliúradh traidisiún an oileáin. Venue: Ag an gCrois i gCill Rónáin, Cill Rónáin, Inis Mór, Árainn.

Fiontracha mnafiontracha@eircom.net; 087 2383538. Sun 26th 4pm-6pm (Ag braith ar aimsir)

Maam Heritage Day – Féile an Mháma Weekend Maam Heritage Day featuring an art exhibition, craft stands, carding, spinning and crocheting, butter churning and bread making, flower arranging, as well as music, song, poetry, and dance throughout the day. Venue: Maam Community Centre, Ionad Pobail an Mháma, Maam. Cost: €10 (includes lunch). Organiser: Maam Women's Group - email anita.hanley@hotmail.com; 091571108.Sat

25th 11am-5pm

Tree Walk For Children Join a park guide for a tree walk through wooded areas and return to education room for activity. Venue: Connemara National Park, Letterfrack. Organiser: Connemara siobhan.geoghegan@ahg.gov.ie; 095 41323 or 095 41054. Sun 19th 2pm-3pm

Oughterard Courthouse Restoration Project Come take a look at a piece of History currently being restored by the locals of the Village of Oughterard. A photographic display of the building in its current state. A guided tour of the building. And a children's event organised for Aug 23rd at 11.30am. Check www.wordpressoughterardcourthouse.com and like us on face book. Venue: Oughterard Courthouse, Main Street, Oughterard. Organiser: OTDA - email oughcourthse@gmail.com; 091 552808. Sat 18th 12noon-4pm. Tue 21st 10am-2pm. Thu 23rd 10am-2pm

Golden Mile A guided walk, enjoying spectacular views with an insight to the local culture. Guided walk in Connemara. Heritage, Flora and Fauna described. Venue: Mile Orga, Léim, The 'Quiet Man Bridge', Learn, Oughterard. Organiser: Oughterard Heritage Group - email kynemary@gmail.com;086 0779114. Sun 19th 10:45am-12:30pm

Live Heritage At Aughnanure Castle A day full of family friendly activities. Open-air museum, archery workshop, prehistoric and medieval hunting, pottery workshop so you can take home your own medieval pot, special children's activities, artefact display of real artefacts discovered during archaeological excavations, plus much more. Event will take place both on the grounds of the castle and inside the castle. **Venue**: Aughnanure Castle, Organiser: OPW - email Oughterard. aughnanurecastle@opw.ie; 091552214. Sun 19th 1.30pm-6pm

A Day In The Life Guided Tour to Dan O' Hara Homestead including turf cutting demonstrations. Min 12 pax required for guided tour. Other facilities include audiovisual, history & artefacts room, crannog, ringfort & clochaun. Venue Connemara Heritage & History Centre, Lettershea, Clifden.

Cost: €8 Adults / €7 Students and Seniors / €4 Children / €20 Family Organiser: Dan O' Hara Homestead - email

12noon-1.30pm. Mon 20th - Sun 26th 12noon-1.30pm

Heritage Walk A guided walking tour on the edge of Oughterard with emphasis on local history. Venue: Heritage Walk, Church Car Park, Oughterard, Organiser: Oughterard Heritage Group email kynemary@gmail.com; 086 0779114. Sun 26th 10:45-12:30

Connemara Pony Information History and management of Connemara ponies. Venue: Connemara National Park, Letterfrack, Organiser: National Connemara Park siobhan.geoghegan@ahg.gov.ie; 095 41323 or 095 41054.Mon 20th 2pm-4pm. Wed 22nd 2pm-4pm.Fri 24th 2pm-4pm

Walk & Talk Through Kilarainey Wood Venue: Kilarainey Wood, Near An Teaghleach Uilinn Nursing Home Moycullen Organiser: Moycullen Active Retirement Association walterfmcdonagh@gmail.com;0872573329.Wed 22nd 11am-12noon

Family Walk & Talk Through Coill Chill A' Raithne (Kitrainey Forest) Maigh Cutinn. Venue: An Fuarán (Tony's Cafe), An Fuarán, Maigh Cuilinn, Galway. Organiser: Moycullen Walking Club & Moycullen Society walterfmcdonagh@gmail.com; 0872573329. Sun 26th 10am-12noon

Talk On Development Of Connemara, Late 19th-Early 20th C. Day time talk on the development of Connemara in the late 19th to early 20th century. Venue: Connemara National Park, Letterfrack. Organiser: Connemara National Park - email siobhan.geoghegan@ahg.gov.ie; 095 41323 or 095 41054. Mon 20th 3pm-4pm

hishbofin In Years Gone By - Photography Exhibition Photography exhibition looking back over the built, cultural and natural history of the island of Inishbofin. A community project, collecting and archiving photographs working towards a semi-permanent exhibition. Venue: Inishbofin Island. Cost: Fundraiser Event - Any money raised is going towards Mental Health Services in Connemara. Organiser: Community of Inishbofin Island - email csptourism@inishbofin.com; 095 45989. Sat 18th 9.30pm-11pm

Shark Bofin Heritage Challenge: Island Walks A unique event exploring 6,000 years of Islands history, archaeology and wildlife, led by leading field scientists and guides. Explore the natural, cultural and built heritage of the Islands during a series of walks and hikes. Venue: Inishbofin and Inishark Islands, Inishbofin Community Centre. Cost: Fundraiser Event - Any money raised is going towards Mental Health Services in Connemara. Organiser: Michael Gibbons, Peter O'Toole, Islandy email csptourism@inishbofin.com;095 45989. Sat 25th 9am-8pm

Traditional Island Market Inishbofin A traditional Island Food and Craft Market selling home grown and home produced foodstuffs and crafts. On sale will be fish, shellfish, baking, preserves, vegetables; traditional island crafts such as knitting, handmade candles, wood crafts, pottery, basketry etc. Venue: Inishbofin Community Centre Organiser: Inishbofin Community Market csptourism@inishbofin.com; 09545989.Mon 20th 1pm-3pm. Sat 25th 9am-8pm

Wild Colours: Wool Dyeing Learn about natural wool dyeing on this workshop. Two workshop times 11-1pm and 2.30 - 4.30pm. Age 12 plus. Venue: Sheep and Wool Centre, Leenane. Cost: €10 Organiser: Sheep and Wool Centre – email leenane@eircom.net; 095 42323. Wed 22nd 11am-4.30pm. Workshop from 11-1pm and repeated from 2.30-4.30pm

Upcycling Tweed Accessories Recycling tweed into hat, bags and accessories with Patricia Kirwan Doyle. Venue: Sheep and Wool Centre, Leenane. Cost: €10 . Thu 23rd 10am-4pm

Talk & Demonstration: The Big Wheel Learn about the big wheel that was used for spinning wool. See live demonstration of the big wheel. A skill that is rarely seen today. Venue: Sheep and Wool Centre, Leenane. Sun 26th 2pm-3pm

Felt-making For All Ages: Recycling Tweed Coats/Knitwear Natural Wool Dying, Talk and Demonstration On The Big Wheel Felt-making for All. Textile artist, Deirdre Duffy will runt his funfeltmaking workshop. Drop in event. Children must be accompanied by adult. Venue: Sheep and Wool Centre, Leenane, Sun 19th 12no on -4pm

Tour Of Private Collection On Display Take a guided tour of the magnificent private collection of the local historian John Bhaba Jeaic Ó Confhaola on permanent display in the Heritage Centre since June 2009 for tourists and locals alike to enjoy. Venue: Letter mullen & Gorumna Heritage Centre, Callahullaim, Lettermullen, Connemara. Donations welcome. Organiser: Lettermullen & Gorumna Centre Heritage email ionadoidhreachtaleitir meallain@gmail.com; 091 551744. Sat 18th & Sun 19th 2pm-6pm. Mon 20th Fri 24th 11am-4pm. Sat 25th & Sun 26th 2pm-

Open Day Conservation Letterfrack are specialist conservators and restorers for historic interiors. furniture and wooden objects. Venue: Conservation Letterfrack workshop, Connemara West Centre. Letterfrack. Organiser: Conservation|Letterfrack sven@conservationletterfrack.ie; 095 41036 Sun 26th11am-5pm

Exhibition & Activity Day At The Oughterard Show Visit the Connemara National Park tent at The Oughterard Show where children will learn about nature through displays and arts & crafts. Venue: Oughterard Show Grounds, Oughterard. Sun 26th 9am-5.30pm

Shore Walk And Seaweed Identifications This is a foreshore walk to peer into rock pools and identify the common seaweeds found there. Weather depending there will be the option of going for a snorkel afterwards from the beach.

Venue: Pier / Beach Spiddal, An Spiddeal. Organiser: Seasearch Ireland, Galway Branch Name: Tony O`callaghan tony_ocallaghan@hotmail.com; 087 2227490.Thu 23rd & Fri 24th 6.30pm-10.30pm

Mini Ranger Day Experience Ranger life! Packed lunch provided. Ideal for children 5-12 years, parent supervision required. Booking essential: 095 41323. Venue: Connemara National Park, Letter frack, Connemara. Organiser: Connemara National Park Name: Siobhan Geoghegan-Krone email siobhan.geoghegan@ahg.gov.ie; 095 41323 or 095 41054. Sat 25th 12noon-4pm

Fun With Nature For Kids Please bring boots and rainwear. Places are limited to 15 children per session and adults must stay with child/children. Venue: Connemara National Park, Letterfrack. Tue 21st & Thu 23rd 11am-1pm

Guided Walk As this walk covers rough, wet, boggy terrain, it is essential to have appropriate footwear and rainwear. Venue: Connemara National Park, Letterfrack. Wed 22nd & Fri 24th 11am-1pm

Guided Walk Walk Sruffaunboy and Lower Diamond with our guide and learn about the history, flora, fauna, traditions, and geology of the area. Venue: Connemara National Park, Letterfrack. Sat 18th 12noon-1.30pm. Sun 19th 12noon-1.30pm. Sat 25th 12noon-1.30pm



danohara@eircom.net; 095 21246 Sat 18th | Diamond Hill, Letterfrack: walk on the wild side.